

"Thank you for coming up with these programs. It has literally saved my life. I was in a very dark place. Being able to talk to real people and use my brain again and laugh. Feels so good."

- Program Participant

Through the Federal New Horizons Fund, United Way Oxford invested \$52,758 for programs and services focused on helping Seniors during COVID-19. Working together with community partners, we helped 2,169 Oxford County Seniors with almost 12,000 various types of interactions!

Thank you to the following organizations, their staff and wonderful volunteers for their support of our seniors.

**Alzheimer's Society of Oxford** provided Activity Kits with a variety of non-internet and internet activities appropriate for people with dementia. These kits provided meaningful activities for the client as well as a break for the care partner, helping to reduce frustration and stress.

**Ingersoll Services for Seniors** offered prepared nutritious meals, grocery and food delivery, brief visits, wellness checks and a way for seniors to safely leave their home, if they chose. They also offered the Grocery Buddy Program at no charge, to seniors who were not comfortable or able to go out to shop.

**South Gate Centre** implemented the Seniors Centre Without Walls Program. Virtual and phone programs were created as new ways to deliver programming to seniors while they practice physical isolation, providing a source of social connectedness.

**Tillsonburg & District Multi Service Centre** offered the Grocery Buddy Program at no charge and subsidized Meals on Wheels programming, providing isolated seniors the opportunity to meet their nutritional needs and have food delivered to their home.

**VON Oxford** provided an outreach and awareness program, linking seniors across Oxford County to services in the community. Individuals were supported with food security and home assistance supports, including Meals on Wheels, grocery care boxes, Grocery Buddy Program and caregiver relief meals, ensuring that seniors had access to prepared food and local resources to help with the challenges through COVID-19.



